



K.S. Lee's Taekwondo Carolina, LLC.  
**Morrisville/Cary Academy**  
*Effective : Monday, July 23<sup>rd</sup> 2018*  
[www.nctkd.com](http://www.nctkd.com)



Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
10:00-10:45am	Open Practice	<b>Duke University Physical Education</b> KS Lee (10:05-11:20am)	Open Practice	<b>Duke University Physical Education</b> KS Lee (10:05-11:20am)	Open Practice	<b>10:30- 11:15am(Sat)</b> <b>Intro Class, No Belt, White, Yellow</b>
12:00-12:50pm	Open Practice	<b>Duke University Physical Education</b> 11:45-1:00pm	Open Practice	<b>Duke University Physical Education</b> 11:45-1:00 pm	Open Practice	11:30-12:15pm(Sat) Green, Orange, Blue1,2 Brown, Purple, Red
1:00-4:00pm	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	12:30- 1:30pm(Sat) <b>Black Belt Only</b>
4:00-9:00pm	4:15-5:00 Intro, No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 Intro, No Belt ,White Yellow	4:15-5:00 Green, Orange, Blue, H- Blue, Brown, Purple, Red, Black	4:15-5:00 Intro, No Belt, White Yellow	1:45-2:45pm(Sat) Sparring Class All Belt & All Ages
	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 Intro, No Belt, White Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 Intro Class No Belt, White Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	3:00-5:00pm (Sat) Instructor & Jr, Sr Leadership Training Curriculum, Weapon,
<b>NOTES:</b> Sparring equipment is required for sparring class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	6:15-7:00 Intro Class No Belt, White Yellow	6:15-7:00 All Belt, All Ages (Family Class)	6:15-7:00 All Belt, All Ages ( Family Class)	6:15-7:00 All Belt, All Ages (Family Class)	6:15-7:00 Intro. Class No Belt, White Yellow	<b>SUNDAY :</b> 3:00pm-3:45pm Intro class, White, Yellow
	7:15- 8:00 Green, Orange, Blue, H-Blue Brown, Purple, Red, Black	7:15- 8:00 Intro Class No Belt, White Yellow, Green, Orange, Blue, High-Blue	7:15-8:00 All Belts, All Ages (Family Class)	7:15-8:00 Intro Class No Belt, White Yellow, Green, Orange Blue, High-Blue	7:15-8:00 All Belts, All Ages ( Family Class)	4: 00pm- 4:45pm Green, Orange, Blue, High-Blue Brown, Purple Red, Black
	8: 15- 9:00 Open	8:15- 9:00 Open	8:15-9:00 Black Belt Only All Ages	8: 15-9:00 Open	8:15-9:00 Open	

1. Students must arrive at least 10 minutes before each class.
2. Never interfere with or disturb a class. and Call the school if you must miss class
3. Consult the instructors when your attendance, techniques, and attitude are commensurate with the next belt level.
4. Special permission is needed to attend more than one class per day. Open Practice is by appointment only
5. All students must attend at least two classes per week.

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