



K.S. Lee's TaeKwonDo Center
Cary Lake Pine Academy
(Effective January 2nd, 2015)



Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00-10:45AM	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	9:15-10:00 AM No Belt, White, Yellow
11:00-11:45AM	Open Practice	Open Practice	Open Practice	Open Practice	Open Practice	10:10-11:00 Introductory Class
12:00- 12:45PM	Open Practice	Private Intro Class No Belt	Open Practice	Private Intro Class No Belt	Open Practice	11:10-11:55 AM Green, Orange, Blue 1,2 Brown, Purple, Red
1:00-1:45 PM	Open Practice	Private Intro Class No Belt	Open practice	Private Intro Class No Belt	Open Practice	12:10- 1:00 PM Deputy Black & All Level Black Belt Only
4:00-9:00pm	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Green, Orange, Blue, H- Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	4:15-5:00 Yellow, Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	4:15-5:00 No Belt, White, Yellow	
	5:15-6:00 Green, Orange, Blue H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	5:15-6:00 No Belt, White, Yellow	5:15-6:00 Green, Orange, Blue, H-Blue, Brown, Purple, Red, Black	1:15- 2:15 PM Breaking Technique/Practice(pre announcement only date will be in Class) All Belt/Ages
NOTES: Sparring equipment is required for sparring class attendance. Advanced training is for advanced learning beyond curriculum. Training changes periodically.	6:10-7:00 Introductory Class***	6:15-7:00 All Belts, All Ages (Family Class)	6:10-7:00 Introductory Class**	6:15-7:00 All Belts, All Ages (Family Class)	6:10-7:00 Introductory Class**	2:15 -3:15 Instructor and Leadership Training(invitation only)
	7:15-8:00 All Belts, All Ages (Family Class)	7:15- 8:00 Private Introductory Class	7:15-8:00 All Belts, All Ages (Family Class)	7:15- 8:00 Private Introductory Class	7:15- 8:00 All Belts, All Ages (Family Class)	3:15- 5:00 PM Demo Team Training Invitation only.
	8:10- 8:55 Adult Only, All Belts (13yrs & up)	8:10- 8:55 All Belts, All Ages	8:10- 8:55 Adult only ,All Belts (13yrs & up)	8:10- 8:55 All Belts, All Ages	8:10- 8:55 Olympic Style Sparring Class(Equipment Req,d	

****ANYONE new can attend introductory classes as a trial; no commitment required!**

1. Students must arrive at least 10 minutes before each class.
2. Never interfere with or disturb a class.
3. Call the school if you must miss class.
4. Consult the instructors when your attendance, techniques, and attitude are commensurate with the next belt level.
5. Special permission is needed to attend more than one class per day.
6. Open practice is by appointment only.
7. All students must attend at least two classes per week.